

About Sexy Spring Workshops

Even though Sexy Spring workshops have content that is all over the map, most follow a similar structure. Sexy Spring is a **skill-share**, so our workshops tend to be very interactive in nature. There should be a two-way transfer of knowledge, and the leader / facilitator should expect to learn also. We respect the participants, and believe good ideas can come from anywhere, and everyone has the right to their feelings and experiences.

Before the workshop - Planning

- *rehearse!* have other people listen and critique
- Think about how your workshop will affect people
- what goals do you have? What should *you* get out of it? What should *participants*?
- what parts of the material might offend people? Why?

tip 2: you are awesome and fierce!

Vibes Watching

- one or more vibes watchers will be at your workshop
- check in with them before your workshop about potential concerns
- appoint a "head" vibes-watcher

The Workshop begins -

Presenter checkin:

- Explain who you are, and what you're trying to achieve with the workshop.
- introduce your vibes watcher, explain their role, and read safer space guidelines aloud, amending as necessary

Group checkin:

- Go around the circle, getting names, preferred gender pronouns, and what they're hoping to get out of the workshop
- Use what you hear to set an agenda. write it on the board, or a piece of paper, with the person's name who asked for it.
- If you're really slick, it helps to write down (on a piece of scratch paper only you can see) each person's name, and a description, so you can

Effective Sexy Spring Workshops

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Sexy Spring Planner

tip 1: most lectures are boring

remember who they are, and call on them by name ("Paul - hip glasses").

During the workshop -- Keeping it fun

- Make sure everyone has a chance to talk, but that no one "steals the show".
- If you find yourself arguing back and forth with someone, redirect to the group ("Let's open that to group, so we can hear some other voices") or offer to answer the question outside the workshop ("Let's talk about that afterward, when we have more time").
- try to answer questions in order. It's okay to say "Hold on that question for a moment, I think some other people were in line to talk already"

tip 3: don't be shackled by the agenda

you should be watching vibes as well

tip 4: let the discussion wander, but only to interesting places

Closing the workshop

- Checkout: make sure people got what they expected from the workshop.
- Were their questions answered?
- Have a go-around to hear what people got out of the workshop, and where they are at, headspace-wise.
- Point the participants towards additional resources

Afterwards -- Evaluate, Improve, Enjoy!

- Bask in your awesome radness
- ask others how they thought it went, and what to improve for next time.